The Fourth Sunday after Pentecost

Sunday, June 28, 2020
9:00 AM
Priest: Blessed be the One, Holy, and Living God.
People: *Glory to God for ever and ever. Amen.*

Song of Praise: *This is the Day*

Words: Psalm 118:24; Music: Les Garrett. Used by Permission Rite Stuff License #R20F-01384-7594
Proclaim and Respond to God's Word

Priest:  God be with you!
People:  And also with you!
Priest:  Let us pray.

Collect of the Day

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

A Reading from Romans 6:12-23    The Message

That means you must not give sin a vote in the way you conduct your lives. Don’t give it the time of day. Don’t even run little errands that are connected with that old way of life. Throw yourselves wholeheartedly and full-time—remember, you’ve been raised from the dead!—into God’s way of doing things. Sin can’t tell you how to live. After all, you’re not living under that old tyranny any longer. You’re living in the freedom of God.

So, since we’re out from under the old tyranny, does that mean we can live any old way we want? Since we’re free in the freedom of God, can we do anything that comes to mind? Hardly. You know well enough from your own experience that there are some acts of so-called freedom that destroy freedom. Offer yourselves to sin, for instance, and it’s your last free act. But offer yourselves to the ways of God and the freedom never quits. All your lives you’ve let sin tell you what to do. But thank God you’ve started listening to a new master, one whose commands set you free to live openly in his freedom!

19 I’m using this freedom language because it’s easy to picture. You can readily recall, can’t you, how at one time the more you did just what you felt like doing—not caring about others, not caring about God—the worse your life became and the less freedom you had? And how much different is it now as you live in God’s freedom, your lives healed and expansive in holiness?

20-21 As long as you did what you felt like doing, ignoring God, you didn’t have to bother with right thinking or right living, or right anything for that matter. But do you call that a free life? What did you get out of it? Nothing you’re proud of now. Where did it get you? A dead end.
22-23 But now that you’ve found you don’t have to listen to sin tell you what to do, and have discovered the delight of listening to God telling you, what a surprise! A whole, healed, put-together life right now, with more and more of life on the way! Work hard for sin your whole life and your pension is death. But God’s gift is real life, eternal life, delivered by Jesus, our Master.

Sung Alleluia

The Gospel Reading Matthew 10:40-42

Priest: The Holy Gospel of our Lord Jesus Christ according to Matthew.
People: Glory to you, Lord Christ.

“We are intimately linked in this harvest work. Anyone who accepts what you do, accepts me, the One who sent you. Anyone who accepts what I do accepts my Father, who sent me. Accepting a messenger of God is as good as being God’s messenger. Accepting someone’s help is as good as giving someone help. This is a large work I’ve called you into, but don’t be overwhelmed by it. It’s best to start small. Give a cool cup of water to someone who is thirsty, for instance. The smallest act of giving or receiving makes you a true apprentice. You won’t lose out on a thing.

Priest: The Gospel of the Lord.
People: Praise to you, Lord Christ.

The Homily Canon Grandfield

The Creed

I believe in God above.
I believe in Jesus’ love.
I believe The Spirit, too,
Comes to tell us what to do.
I believe that I can be
Kind and loving, Lord, like you.
The Prayers of the People

For the Church, especially for Justin, Archbishop of Canterbury, Michael our Presiding Bishop, Kevin our Bishop, and the people of our Cathedral community, that we may show forth Christ in our words and deeds, let us pray to the Lord.

**People:**  *Lord in your Mercy, hear our prayer.*

For world leaders, that they lead us to provide safety and security from hate, for protection against disease, and for thoughtfulness as we decide what is best for our country, let us pray to the Lord.

**People:**  *Lord in your Mercy, hear our prayer.*

For the environment, that all people will be responsible in taking care of God’s creation so that we may help all people and animals thrive in the world, let us pray to the Lord.

**People:**  *Lord in your Mercy, hear our prayer.*

We pray for those who are lonely and lack friends to talk with and for those who are afraid to be who they are, and for the sick and those who care for them. We pray that they find comfort and faith, let us pray to the Lord.

**People:**  *Lord in your Mercy, hear our prayer.*

We pray for those who have died. May they be joyful living with God and in the memories we carry in our hearts, let us pray to the Lord.

**People:**  *Lord in your Mercy, hear our prayer.*

Leader and People:

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Absolution

**Priest:** Almighty God have mercy on you and forgive all your sins through our Lord Jesus Christ. *Amen.*

The Greeting of Peace

*We greet one another offering a deep peace of Christ to our neighbors.*
Prepare the Table and Present Offerings

When we bring our offerings to the altar, we bring ourselves. Through the offering, we respond to God’s generosity with our own gifts so that the ministry carried on in God’s name will grow and thrive. The Ushers will take up your financial offerings and present them at the altar together with the gifts of bread and wine. If you would rather make an offering by credit card, please text 610-981-2378 with the amount you would like to contribute (example: $50). Await a reply text and follow the instructions. Thanks be to God for your generosity.

Offertory

Music during Offertory

Thank You Lord

Words: Traditional; Music: Negro Spiritual; arr. Hezekiah Brinson, Jr. (b. 1958). Copyright:Arr. © 1990 Hezekiah Brinson, Jr. All Rights Reserved. Used by Permission. Rite Stuff License #R20F013847594
The Eucharistic Prayer

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: We praise you and we bless you, holy and gracious God, source of life abundant. It is good for us to praise you for in baptism you have made us your new people, who show your glory to the world.

Therefore we lift our voices with all of creation to sing:

Sanctus 

Sung by all

Land of Rest


The Celebrant continues

Glory and honor and praise to you, holy and living God. You have acted mightily in your Love for us. You make us in your image; you send your mercy and care to us when our relationships are distorted and our lives broken. When despair and death approached us you sent your Son Jesus into the world to be among us as one of us, to call us to new life, and to invite us into an eternal faith.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, and gave it to them, saying: “Drink this, all of you: This is my Blood of the new
Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, we are mindful of your mighty acts of Love and ask you to send your Holy Spirit upon these gifts of bread and wine. Make them holy so that in receiving holy gifts we ourselves may become one in Christ, and bearers of holiness.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. Amen.

Priest: And now as Jesus taught us, we pray,

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread and forgive our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil, for the Kingdom, the power and glory are yours. Amen.

The Breaking of Bread and the Communion

Fraction Anthem

Priest: The gifts of God for the People of God!

(All are welcome to come forward to receive Communion.)

A Prayer of Spiritual Communion

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You and above all things, I desire to receive you into my soul.
Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.
I embrace You as if you were already there and unite myself wholly to You.
Never permit me to be separated from You. Amen.

The Blessing

At the breaking of the dawn
may the Risen Saviour bless your home
with grace and peace from above,
with joy and laughter, and with love
And when night is nigh, and day is done
May He keep you safe from all harm.

The Dismissal

Priest: Go in peace! Remember the sick, the poor, the hungry and the lonely. Go in peace to love and serve the Lord!

People: Thanks be to God!
Sending Forth Song  Sweet, Sweet Spirit

1. There's a sweet, sweet Spirit in this place, And I know that it's the Spirit of the Lord.
   (2. There are) blessings you cannot receive Till you know Him in His fullness, and believe.
   (3. If you) say He saved you from your sin, Now you're weak, you're bound, and cannot enter in,

2. Sweet expressions on each face, And I know they feel the presence of the Lord.
   1. one to profit when you say, "I am going to walk with Jesus all the way,"
   2. make it right if you will yield; You'll enter joy the Holy Spirit, that we feel.

3. Sweet Holy Spirit, Sweet Heavy-ly Dove,
   Stay right here with us, filling us with your love.

And for these blessings we lift our hearts in praise; Without a doubt we'll know that we have been revive when we shall leave this place. 2. There are 3. If you place.

Those who are in need of healing – Lillian Lewis, Anne, Wes Vogel, Richard Benske, Rosalie Leydic, Bob Willey, Robert, Jonathan, Amy Wilson, Fred Dronenburg, Susan Kelley, Jennifer Madera, Susan Mast, Julie Goodman, Carol Arcario, Bill Coles, Carol Czechowski, Beryl Reader, Andrew and Kae Romeril; Lakina Campbell, Carol Rabenold, Debra Daniel, Debbie Fields, Belinda Tomar, Kevin Thomas Fitzpatrick, Caitlin, Laveenus Jalaluddin, Anne Buckingham, Martha Golfphin, Jon Knauss, Jeffrey Simprini, Kim Gencarelli, John Iander, Diane Kuczynski, Eliese Blalock, Oscar Duarte, L. Baittinger

Virtual Patriotic Concert Cathedral Arts will present a virtual Patriotic Concert on Saturday, July 4 at 8pm, just before the annual Fireworks. The Americana program will include choral music by a group of incredible singers - settings of America, My Country 'tis of Thee, God Bless America, Let there Be Peace on Earth, and Battle Hymn of the Republic. Organ music will include the Copland 'Fanfare,' a story-in-song suite called 'The 4th of July,' a Festive March based on the Battle Hymn and Lift Up Your Voice and Sing, and an organ duet version of Stars and Stripes Forever. We will also give thanks for our great land and pray for our country through poetry, readings, and prayers. View the concert at: https://livestream.com/nativitycathedral

Cathedral Connections A great way to re-connect this summer and beyond. Join in small groups with other like-minded Cathedral folk for a time of connecting and enjoyment. Groups of 8-10 will meet virtually. Choose the group(s) you wish to participate in by the interest you have! Visit nativitycathedral.org for more details and to sign-up.

For Such a Time as This: Conversation on Race to call forth Solidarity With a goal for opening our hearts and minds to discussion and discernment about how we can actively stand in solidarity together against racism, bigotry, and inequality. Thursdays at 7 p.m. (Virtually). For more information and to register contact Canon Grandfield dgrandfield@nativitycathedral.org

NavajoLand Fundraiser-Hi friends! The Thresholds class here at the Cathedral is hosting a fundraiser for the Navajo people, a culture that is very close to our heart. Our class consists of the high school youth who participate in events regularly together. We would like to give everyone a bit more background information about our fundraiser. A group of us traveled to Arizona this past summer to visit Navajoland to do service work, but our trip ended up being so much more than waking up in the morning and cleaning up the church’s cemetery. Everyone in the group was so immersed in the Navajo culture that it was difficult not to fall in love with it. We had the opportunity to get to know some of their people and hear their stories. Their passion, love and gratefulness for not only their culture, but anyone who wants to learn about it, is unmatched.

Unfortunately, the Navajos are struggling during this pandemic. They have a higher rate of COVID-19 per capita compared to any other place in this country. They also do not have the same resources that the rest of the country does, and not being able to regularly work is affecting them greatly. When we all heard this, our group knew that we needed to help them in some way. The Cathedral will be running a fundraiser to donate to the Navajo people through Good Shepherd Mission, one of the Episcopal Churches in Navajoland. We are asking that you donate as little or as much as you can for us to reach our goal of $1,000.00. If you donate $20.00 or more, you will receive a scented Navajo made bar of soap with your donation. While we were in Arizona, we were fortunate enough to be able to tour and learn about the factory where the soaps are made, and both the process and products are absolutely delightful! We thank you all so much for helping the Navajo people. Every dollar counts! To Donate send check by mail to 321 Wyandotte St and note Navajoland or visit www.nativitycathedral.org and click on donate.
The week beginning June 28, 2020

Sunday: 9:00 AM  321 Contact Worship – Virtual from Sayre Hall
         10:00 AM  Principle Worship – Virtual from Cathedral
         12:30 PM  Spanish Worship – Virtual from Cathedral

Monday:  No Staff in Office – staff working remotely

Tuesday: 9:00 AM  Staff in office until 2:00 PM (NO Visitors – call)
         5:30 PM  Heart Rhythm Meditation – Virtual on Zoom

Wednesday: 9:00 AM  Staff in office until 2:00 PM (NO Visitors – call)
            7:00 PM  Mindfulness Meditation – Facebook

Thursday: 9:00 AM  Staff in office until 2:00 PM (NO Visitors – call)

Friday:  Office Closed – Independence Day Holiday

Saturday: 8:00 PM  Cathedral Arts Patriotic Concert – Virtual from Cathedral

** Not listed are the many groups meeting virtually and the Cathedral Connections. Visit nativitycathedral.org for more details. **